Tuesday, 24. October 2023

Plenary session 10:00 - 11:20		R1
CSP Annual Confe	erence 2023: Students - Morning session	
Chair: Laura Kay-B		
	Welcome	10:00 - 10:05
	Speaker: Laura Kay-Blackburn, GB	
	Student conference 2023 keynote: Foundations for our future Speaker: Ishmael Beckford, GB	10:05 - 10:20
	Your most important rotation? Working with children with complex conditions (ACPRC)	10:20 - 10:35
	Speaker: Harriet Shannon, GB	
	So your next patient has a learning disability Speaker: David Standley, GB	10:35 - 10:50
	Introduction to Veterinary Physiotherapy Speaker: Kim Sheader, GB	10:50 - 11:00
	Q&A	11:00 - 11:05
	Working with people with Dementia. Sharing perspectives from acute and community placements	11:05 - 11:20
	Speaker: Amy Mclean, GB Speaker: Maddie Jackson, GB	
Break 11:20 - 11:40 Break & poster vi	ewing	R1
Platform presentati 11:40 - 12:10	ion	R1
Rapid 5 presentat	tions	
Chair: Reena Patel,	GB	
	Investigating physiotherapy students' perceptions of their ability to assess and treat vestibular pathology. A combined quantitative and qualitative survey.	11:40 - 11:45
	Speaker: Edward Cook, GB	
	The prevalence, knowledge and impact of stress urinary incontinence in Premier 15's rugby players	11:45 - 11:50
	Speaker: Rachel Lund, GB	
	The relationship between muscle strength, balance and functional ability in recreationally active young adults	11:50 - 11:55
	Speaker: Natalie Mak, GB	
	Patients' and physiotherapists' perspectives of treatment outcomes and experiences in primary care episodes of low back pain Speaker: Carrie Fewins-Scales, GB	11:55 - 12:00
	Q&A	12:00 - 12:10

Symposium 12:10 - 13:00 R1 Collaborative exercise delivery Moderator: Rachel Wadlow, GB Chair: Reena Patel, GB Collaborative exercise delivery 12:10 - 13:00 Speaker: Jason Laird, GB Speaker: Sarah Dewhurst, GB Speaker: Jennifer Conway, GB Speaker: Siobhan Cowan-Dickie, GB Speaker: Jasmine Kasprzyk, GB Speaker: Rachel Wadlow, GB Break R1 13:00 - 13:40 Lunch & poster viewing Plenary session 13:40 - 14:35 R1 CSP Annual Conference 2023: Students - Afternoon session Chair: George Alvey, GB Welcome back 13:40 - 13:45 Speaker: George Alvey, GB Pelvic Health Physiotherapy in the Postnatal Period 13:45 - 14:00 Speaker: Jess Kydd-Coutts, GB Physiotherapy student experiences of simulation: A placement 14:00 - 14:15 research journey Speaker: Vaidehi Patel, GB Speaker: Isabella Townsend, GB Go for it!..Research can be fun and rewarding 14:15 - 14:29 Speaker: Ali Aries, GB Speaker: Caroline Coultard, GB PRS: Next steps in research careers/Award for best poster abstract 14:29 - 14:35 Break 14:35 - 14:50 R1 Break & poster viewing Symposium 14:50 - 15:20 R1 Symposium: Finding Your Networks in Physiotherapy Chair: Kristen Potter-Price, GB **Finding Your Networks in Physiotherapy** 14:50 - 15:20 Speaker: Daisy Goodall, GB Speaker: Scarlett Chamberlain, GB Speaker: Julie Blackburn, GB Symposium 15:20 - 16:05 R1 **Symposium 2: From Pillars to Post** Chair: Tamsin Baird, GB From Pillars to Post 15:20 - 16:05 Speaker: Victoria Dickens, GB

Speaker: Jill Kent, GB Speaker: Isla Kenyon, GB

Plenary session 16:05 - 16:25

R1

Closing session

 ${\it Chair} \hbox{: Karen Middleton CBE, GB}$

Thursday, 26. October 2023

Plenary session 09:00 - 09:55		R1
Welcome & Keyno	te address	
Chair: Catherine Ch	in, GB	
	Welcome	09:00 - 09:10
	Developing a value-based lymphoedema network in Wales <i>Speaker</i> : Melanie Thomas, GB	09:10 - 09:55
Plenary session 09:00 - 09:55		R2
Welcome & keyno	te address (live feed from Room 1)	
Chair: Catherine Ch	in, GB	
	Developing a value-based lymphoedema network in Wales Speaker: Melanie Thomas, GB	09:00 - 09:45
Platform presentation 10:00 - 10:35	on	R1
Platform/Rapid 5		
Chair: Josephine Mo	orris, GB Mentoring physiotherapists to improve patients' outcomes: exploring mentor and mentee perspectives of an effective mentored clinical practice intervention	10:00 - 10:15
	Speaker: Aled Williams, GB	
	Reflective practitioner or Unconsciously Incompetent?? Speaker: Suzanne Woodman, GB	10:15 - 10:20
	An online clinical quality application, testing the concept and acceptability for clinicians Speaker: Clare Connor, GB	10:20 - 10:25
Platform presentation 10:00 - 10:35		R2
Platform/Rapid 5 D Chair: Sylvia Wojcie		
Chair. Sylvia Wojcie	Realising a high value, integrated pathway for knee osteoarthritis Speaker: Jessica Parry-Williams, GB	10:00 - 10:15
	If you know when it's [Perthes'] going to go, you're waiting for the best day of your life Speaker: Adam Galloway, GB	10:15 - 10:20
	The effect of self-management Interventions on musculoskeletal disorders in musicians: a scoping review Speaker: Noudy Eleryan, GB	10:20 - 10:25
	Tackling health inequalities in early years: a toolkit for allied health professionals (AHPs)	10:25 - 10:30
	Q&A	10:30 - 10:35

Break 10:35 - 11:00 Break & poster vie	ewina	R1
Brown & Poster Vi	- · · · · · · · · · · · · · · · · · · ·	
<i>Break</i> 10:35 - 11:00 Break & poster vi e	ewing	R2
DI 16		
Platform presentation 11:00 - 12:00	on	R1
Platform/Rapid 5		
Chair: Ash James, G	Slicing through sedentary time with a healthy portion of activity: are there benefits for hip extension?	11:00 - 11:05
	Speaker: Jake Dorgan, GB	
	Co-design and acceptability of a physical activity intervention for people with osteoarthritis	11:05 - 11:10
	Speaker: Zoe Silsbury, GB	
	Long-term muscular performance and functional outcomes following Achilles tendon rupture: A systematic review of surgical vs non-surgical management	11:10 - 11:15
	Speaker: Kain Moss, GB	
	Q&A + Changeover	11:15 - 11:30
	Facilitators and barriers regarding the implementation and interprofessional collaboration of a first contact physiotherapy service in primary care in Wales	11:30 - 11:35
	Speaker: Matthew Lewis, IE	
	The experiences, beliefs and practices of MSK physiotherapists regarding safety netting for Cauda Equina syndrome	11:35 - 11:40
	Speaker: John Rice, GB	
	Developing holistic management in oncology same day emergency care (SDEC)	11:40 - 11:45
	Speaker: Kate Williams, GB	
	Q&A	11:45 - 12:00
Session 11:00 - 12:00		R2
Innovations in phy Chair: Ishmael Beck	ysiotherapy management of blunt chest wall trauma	
Chair: Islillider Decr	Innovations in physiotherapy management of blunt chest wall trauma	11:00 - 12:00
	Speaker: Ceri Battle, GB Speaker: Fiona Schreuder, GB Speaker: Kate Jones, GB	
Plenary session		
12:00 - 12:15		R1
Keynote: Building <i>Chair</i> : Ash James, G	community capacity with physiotherapy	
onan . Asii Jailles, G	Building community capacity with physiotherapy Speaker: Ruth Crowder, GB	12:00 - 12:15
	,	

Plenary session

12:00 - 12:15

Keynote: Building community capacity with physiotherapy (live feed from Room 1)

Chair: Ash James, GB

Building community capacity with physiotherapy

12:00 - 12:15

Speaker: Ruth Crowder, GB

Plenary session

12:15 - 12:22 R1

Representing Physiotherapy on the Welsh Allied Health Professions Committee (WAHPC)

Chair: Ash James, GB

Representing Physiotherapy on the Welsh Allied Health Professions 12:15 - 12:22

Committee (WAHPC)

Speaker: Non Griffiths, GB

Plenary session

12:15 - 12:22 R2

Representing Physiotherapy on the Welsh Allied Health Professions Committee (WAHPC) (Live feed from Room 1)

Chair: Ash James, GB

Representing Physiotherapy on the Welsh Allied Health Professions 12:15 - 12:22

Committee (WAHPC)

Speaker: Non Griffiths, GB

Break

12:30 - 13:15

Lunch & poster viewing

Break

12:30 - 13:15 R2

Lunch & poster viewing

Platform presentation

13:15 - 13:30 R1

Turning Primary & Community Care into the Usual Location for AHPs

Chair: Rob Letchford, GB Chair: Leighton Powell, GB

Turning Primary & Community Care into the Usual Location for 13:15 - 13:30

AHPs

Speaker: Kerrie Phipps, GB

Session

13:15 - 14:45 R2

Co-producing rehabilitation services

Chair: Emma Cooke, GB

Co-producing Rehabilitation services 13:15 - 14:45

Speaker: Liz Walker, GB Speaker: Adele Griffiths, GB Speaker: Linda Tremain, GB Speaker: Sally Tawhai, GB

Speaker: Sarah Jaques, GB Speaker: Robert Jones, GB

Session 13:30 - 14:45 R1 Musculoskeletal Physiotherapy: Are delivery models necessary, or over complicated? Chair: Leighton Powell, GB Chair: Rob Letchford, GB Musculoskeletal Physiotherapy: Are delivery models necessary or 13:30 - 14:45 over complicated? Speaker: Kerrie Phipps, GB Speaker: Mark Knight Davies, GB Speaker: Catrin Hawthorn, GB Speaker: Mary Cowern, GB Speaker: Meiner Jones, GB Break 14:45 - 15:00 R1 Break & poster viewing Break 14:45 - 15:00 R2 Break & poster viewing Session 15:00 - 16:15 R1 Simulation Learning Activities in Physiotherapy Pre-Registration Education Chair: Marie-Therese McDonald McDonald, GB Simulation-based Learning in Physiotherapy Pre-Registration 15:00 - 16:15 **Education: Practice Makes Prefect** Speaker: Debbie Thackray, GB Speaker: Amy Bendall, GB Speaker: Nicola Henegan, GB Speaker: Rhys Shorney, GB Platform presentation 15:00 - 16:15 R2 Platform/Rapid 5 presentations Chair: Ceri Battle, GB The Health Disability Activity Partnership: working together to 15:00 - 15:15 transform the lives of disabled people across Wales Speaker: Sue Williams, GB Speaker: Samantha Edwards, GB Q&A 15:15 - 15:20 Exploring adherence to pelvic floor muscle training in women using 15:20 - 15:35 mobile apps: a systematic review Speaker: Rosie C. Harper, GB The ALPHA ALERT: an aid for facilitating diagnosis of acetabular 15:35 - 15:40 hip dysplasia Speaker: Elizabeth Evans, GB Reducing health inequalities and improving COPD population 15:40 - 15:45 health by increasing access to care; expanding to pharmacy referral, a service development Speaker: Jade Bazylkiewicz, GB Q&A 15:45 - 15:55 A service evaluation to investigate rates of cardio-protective 15:55 - 16:00 medication prescription in patients being treated in cardiac and vascular rehabilitation services $\,$

Speaker: Hannah Davies, GB

Identifying post-exertional symptom exacerbation in long COVID 16:00 - 16:05

patients - a service evaluation
Speaker: Kayleigh Owen, GB

Q&A 16:05 - 16:15

Plenary session 16:20 - 16:35

16:20 - 16:35 R1

Closing session

Chair: Karen Middleton CBE, GB

Closing session 16:20 - 16:35

Speaker: Karen Middleton CBE, GB

Plenary session

16:20 - 16:35 R2

Closing session (Live feed from room 1)

Closing session 16:20 - 16:20

Speaker: Karen Middleton CBE, GB

Wednesday, 01. November 2023

Plenary session 09:00 - 09:10

R1

Introduction & welcome

Chair: Ishmael Beckford, GB

Plenary session 09:00 - 09:10

R2

Introduction & welcome (Live feed from room 1)

Chair: Ishmael Beckford, GB

Session

09:15 - 10:15

Virtual Wards: policy, pathway and patient experience

Chair: Rachael Colcough, GB Chair: Ishmael Beckford, GB

Virtual wards: policy, pathways and patient experience 09:15 - 10:15

Speaker: Della Thomas, GB Speaker: Rob Coster, GB Speaker: Sara Bolton, GB

Session

09:15 - 09:35

Enabling musculoskeletal health across England

Chair: Karen Barker, GB

Enabling Musculoskeletal Health Across England 09:15 - 09:35

Speaker: Andrew Bennett, GB

Session

09:15 - 10:15

Bridging the evidence-to-practice gap

Chair: Nicola Walsh, GB

Bridging the musculoskeletal evidence-practice gap 09:15 - 10:15

Speaker: Laura Swaithes, GB Speaker: Nicola Walsh, GB Speaker: Jackie Lidgard, GB Speaker: Matt Low, GB

Platform presentation

09:35 - 10:35 R2

Platform/Rapid 5 presentations

Chair: Karen Barker, GB

Moderators of the effect of therapeutic exercise for knee and/or hip osteoarthritis: a systematic review and individual participant data

meta-analysis

Speaker: Melanie Holden, GB

The association between psychosocial factors and mental health symptoms in cervical spine pain with or without radiculopathy on

health outcomes

Speaker: Michael Mansfield, GB

Rotator cuff-related shoulder pain (RCRSP): semi-structured patient interviews to explore the barriers and enablers to

	rehabilitation exercises	
	Speaker: Vincent Singh, GB	
	Optimising physiotherapy for people with lateral elbow tendinopathy - results of a mixed-methods pilot and feasibility randomised controlled trial (OPTIMISE)	10:10 - 10:15
	Speaker: Marcus Bateman, GB	
	A scoping review to map evidence regarding key domains and questions in the management of non-traumatic wrist disorders Speaker: Thomas Gareth Carlyle Mitchell, GB	10:15 - 10:20
	Q&A	10:20 - 10:35
	Q&A	10:20 - 10:33
Platform presentat 10:15 - 10:40	ion	R1
Platform/Rapid 5	presentations	
Chair: Ishmael Bec	kford, GB	
	Exploring the adoption of thoracic ultrasound (lung and diaphragm) by physiotherapists, physical therapists, and respiratory therapists: an updated scoping review	10:15 - 10:20
	Speaker: Simon Hayward, GB	
	Standardising physiotherapy practice in critical care: An overview of the integration journey across an academic health science centre	10:20 - 10:25
	Speaker: Laura Mylott, GB	
	Development of a pelvic health service for patients at the Manchester Adult Cystic Fibrosis Centre	10:25 - 10:30
	Speaker: Victoria Kendall, GB	
	Q&A	10:30 - 10:40
Platform presentat	ion	
10:15 - 10:35 Platform/Rapid 5	presentations	
Chair: Ruth ten Ho		
	Evaluation of the Active Together multi-modal cancer prehabilitation and rehabilitation service embedded within clinical care cancer pathway	10:15 - 10:20
	Speaker: Jane Gardiner, GB	
	Evaluating the effects of a multi-modal prehabilitation service, on functional and patient reported outcomes prior to surgery for colorectal cancer	10:20 - 10:25
	Speaker: Helen Ainsworth, GB	
	The effect of aquatic therapy on pain tolerated walking distance for patients with chronic lower limb ischaemia	10:25 - 10:30
	Speaker: Verity Simon, GB	
	Q&A	10:30 - 10:35
Break		n a

Break & poster viewing

10:35 - 11:00

R2

Break	
10:35 -	11:00

Break & poster viewing

break & poster vi	ewing	
Break 10:40 - 11:00		R1
Break & poster vi	ewing	
Platform presentati 11:00 - 11:50	on	R1
Platform/Rapid 5	presentations	
Chair: Ash James, C	GB	
	The relationship between physical and psychological symptoms in Parkinson's Disease: A systematic review and meta-regression analysis	11:00 - 11:15
	Speaker: Philip Hodgson, GB	
	Understanding physiotherapy and physiotherapy services: exploring the perspectives of adults living with cerebral palsy Speaker: Gemma Cook, GB	11:15 - 11:30
	Key features of an acceptable trial investigating the effects of dual- task training on balance in people with Parkinson's disease Speaker: Nesibe Cakmak, GB	11:30 - 11:35
	An integrated care system: a service evaluation of an integrated model between the NHS& voluntary sector following acquired brain injury	11:35 - 11:40
	Speaker: Chloe Popplewell, GB	
	Q&A	11:40 - 11:50
Platform presentati 11:00 - 11:50	ion	R2
Platform/Rapid 5	presentations	
Chair: Alex Spearri	tt, GB	
	Metabolic syndrome management: uncharted waters in primary care physiotherapy practice	11:00 - 11:15
	Speaker: Sally Mastwyk, AU	
	Physiotherapists as physical activity clinical champions: evaluation of a national peer-to-peer physical activity education initiative	11:15 - 11:30
	Speaker: Sarah Dewhurst, GB	
	Evaluating webinar-based learning approach in delivering cancer physical activity recommendations to health care professionals and people with cancer Speaker: Isla Veal, GB	11:30 - 11:35
	"My Life" group evaluation: how a co-produced lifestyle programme can support individuals with severe mental illness to live well Speaker: Nicola Dowdeswell, GB	11:35 - 11:40
	Q&A	11:40 - 11:50
	•	
Platform presentati 11:00 - 11:50	ion	
Platform/Rapid 5	presentations	

The effectiveness of Prehabilitation in patients undergoing 11:00 - 11:15

	Orthopaedic surgery: a systematic review and meta-analysis Speaker: Anuj Punnoose, GB	
	Experiences and perceptions of patients awaiting rotator cuff repair surgery: an integrated qualitative interview study Speaker: Maria Moffatt, GB	11:15 - 11:20
	Rehabilitation guidelines following arthroscopic stabilisation surgery for traumatic instability - a Delphi consensus Speaker: Elaine Willmore, GB	11:20 - 11:25
	Ultrasound-guided percutaneous release of the trigger finger using a 19G needle: a prospective study of 31 cases	11:25 - 11:30
	Speaker: Vincent Gallagher, GB Surgery avoidance rates among total knee replacement candidates following a non-invasive biomechanical intervention: a retrospective cohort study	11:30 - 11:35
	Speaker: Christopher Miles, GB	
Plenary session 11:50 - 12:35		R1
Chartered Society Chair: Ash James, G	of Physiotherapy Founders' Lecture 2023: More of the same?	
Chair. Asii Jaines, C	Chartered Society of Physiotherapy Founders' Lecture 2023 Speaker: Anita Charlesworth, GB	11:50 - 12:35
Plenary session 11:50 - 12:35		R2
Chartered Society Chair: Ishmael Becl	of Physiotherapy Founders' Lecture 2023: More of the same? (Live feed aford, GB	from room 1)
Dro als		
Break 12:35 - 13:20		R1
Lunch & poster vi	ewing	
<i>Break</i> 12:35 - 13:20		
12.33 - 13.20		P')
Lunch & poster vi	ewing	R2
	ewing	R2
Break 12:35 - 13:20		R2
Break		R2
Break 12:35 - 13:20 Lunch & poster vi Session 13:20 - 14:35	ewing	R2 R1
Break 12:35 - 13:20 Lunch & poster vi Session 13:20 - 14:35 Physiotherapy and	ewing I Dementia: Challenging the myths	
Break 12:35 - 13:20 Lunch & poster vi Session 13:20 - 14:35	ewing I Dementia: Challenging the myths	

Platform presentati 13:20 - 15:00	ion	R2	
Platform/Rapid 5	presentations		
Chair: Ruth ten Ho Chair: Sandra Agya			
	Identifying the outcomes that matter most to young people and parents during musculoskeletal pain treatment	13:20 - 13:25	
	Speaker: Rhiannon Joslin, GB		
	Factors influencing participation in physical activity, sports and exercise in paediatric spinal pain or conditions: a systematic review and meta-ethnography	13:25 - 13:30	
	Speaker: Susanna Tucker, GB		
	"I am now in the driving seat": feedback from individuals with chronic pain on a physiotherapy led pain management programme Speaker: Jonathan Thomas Nicholas, GB	13:30 - 13:35	
	Barriers, enablers, and preferences to swimming for people with chronic low back pain	13:35 - 13:40	
	Speaker: Helen Oakes, GB		
	Q&A	13:40 - 13:55	
	What factors influence the outcomes of corticosteroid injections in patients with Greater Trochanteric Pain Syndrome (GTPS)? A systematic review	13:55 - 14:00	
	Speaker: Ben Foxcroft, GB		
	The experiences of participants with musculoskeletal conditions attending 'Work Wise'; an initiative to help people return or remain in work	14:00 - 14:05	
	Speaker: Michelle Cunneely, GB		
	If you know when it's [Perthes'] going to go, you're waiting for the best day of your life	14:05 - 14:10	
	Speaker: Adam Galloway, GB		
	Q&A	14:10 - 14:20	
	Feasibility of investigating oxygen consumption, carbon dioxide production, heart rate variability and lactic acid of people with Myalgic Encephalomyelitis (PwME)	14:20 - 14:25	
	Speaker: Nicola Clague-Baker, GB		
	Evaluating the feasibility of blended rehabilitation using a digital physical activity self-management tool within a new virtual long COVID service	14:25 - 14:30	
	Speaker: Carol Langley-johnson, GB		
	Virtual reality rehabilitation in a major trauma population: a service improvement project	14:30 - 14:35	
	Speaker: Sally Fisher, GB		
	Q&A	14:35 - 14:50	
	<i>γω</i> .	14.55 - 14.50	
Session 13:20 - 14:20			
Transformation a	and Development of the non-registered AHP Workforce		
Chair: Suraiya Has	Chair: Suraiya Hassan, GB		
	Transformation and Development of the non-registered AHP Workforce	13:20 - 14:20	

Speaker: Gaby Ford, GB

Speaker: Luke Capon, GB Speaker: Katie Betteridge, GB

Platform presentation 14:20 - 15:00

Platform/Rapid 5 presentations

	Evaluation of a new clinical supervision programme introduced for physiotherapists working in an independent charity sector organisation (Nuffield Health)	14:20 - 14:25
	Speaker: Chris Davis, GB	
	The value of virtual professional learning communities to support clinical education and telehealth practice Speaker: Dr. R Williams, GB	14:25 - 14:30
		14.20 14.25
	Q&A	14:30 - 14:35
	Development of a racial inclusivity training resource for physiotherapy practice education	14:35 - 14:40
	Speaker: Annabel Williams, GB	
	Using Twitter to mobilise knowledge for first contact physiotherapists	14:40 - 14:45
	Changing the landscape of physiotherapy practice education:students experiences of a rotational placement pilot initiative in England	14:45 - 14:50
	Speaker: Steve Mills, GB	
	Q&A	14:50 - 15:00
Platform presentati 14:35 - 15:00	on	R1
Platform/Rapid 5	presentations	
Chair: Kelly Walker		
	Catch-up/change	14:35 - 14:40
	Mortality and functional outcome in patients with idiopathic Parkinson's disease who sustained a femoral neck fracture Speaker: Reinier van Mierlo, GB	14:40 - 14:45
	Enabling shared decision making - Torbay charts (TC) patient decision aids (PDA) tool in management of hip and knee arthritis	14:45 - 14:50
	Speaker: Rangaraju Ramesh, GB	
	Orthopaedic Out Of Bed Project (OOBP): improving early mobilisation following femoral fracture using a therapy-led education programme - an update	14:50 - 14:55
	Speaker: Ryan Bullock, GB	
	Q&A	14:55 - 15:00
<i>Break</i> 15:00 - 15:20		R1
Break & poster vi	ewing	
<i>Break</i> 15:00 - 15:20		R2
Break & poster vi	ewing	

Break 15:00 - 15:20

Break & poster viewing

Panel discussion 15:20 - 16:40 R1 Research and Population Health: Co-producing with Communities Chair: Gita Ramdharry, GB Chair: Anita Atwal, GB Research and Population Health: Co-producing with Communities 15:20 - 16:35 Speaker: Meera Sharma, GB Speaker: Anita Atwal, GB Speaker: Sandra Agyapong-Badu, GB Speaker: Jackie Walumbe, GB Speaker: Maria Stokes, GB Speaker: Olatundun Gafari, GB Speaker: Naman Julka-Anderson, GB Catch up / Room join 16:35 - 16:40 Session R2 15:20 - 16:40 Delivering personalised care to people with chronic pain Chair: Leila Heelas, GB Chair: Sylvia Wojciechowski, GB Delivering personalised care to people with chronic pain 15:20 - 16:35 Speaker: Diarmuid Denneny, GB Speaker: Jen Ford, GB Speaker: Louise Trewern, GB Platform presentation 15:20 - 16:35 Platform/Rapid 5 presentations Keep calm and carry on: The lived experiences of UK 15:20 - 15:35 physiotherapists involved in Cauda Equina Syndrome Litigation. A qualitative study Speaker: Susan Greenhalgh, GB The experiences of uncertainty amongst musculoskeletal 15:35 - 15:50 physiotherapists in first contact practitioner roles within primary care Speaker: Simon Ingram, GB 15:50 - 15:55 Beyond pain: prevalence and discrepancy of reported and observed weakness in people with sciatica Speaker: Lucy Dove, GB A qualitative meta-synthesis of musculoskeletal physiotherapist 15:55 - 16:00 and patient views on person-centredness Speaker: John Naylor, GB A delay in musculoskeletal physiotherapy and a low number of 16:00 - 16:05 therapy sessions both have a negative impact on therapy outcomes Q&A 16:05 - 16:15 The impact of remote consultations on the health and wellbeing of 16:15 - 16:20 first contact physiotherapists in primary care

Speaker: Nicola Walsh, GB

Development of an innovative digital questionnaire to screen adults for risks of osteoporosis and falls by a first contact physiotherapist Speaker: Corinne Birch, GB

Q&A 16:25 - 16:35

Plenary session 16:40 - 16:50 R1

Poster awardsChair: Ash James, GB

 Plenary session

 16:40 - 16:50

 R2

Poster awards (Live feed from Room 1)

Plenary session 16:50 - 17:05 R1

Closing session *Chair*: Karen Middleton CBE, GB

Closing session 16:50 - 17:05

Speaker: Karen Middleton CBE, GB

Plenary session 16:50 - 17:05 R2

Closing session (Live feed from room 1)
Chair: Karen Middleton CBE, GB

Closing session 16:50 - 17:05

Speaker: Karen Middleton CBE, GB

Tuesday, 07. November 2023

Plenary session 09:00 - 10:00 R1

Introduction & keynote

Chair: Bernie McGreevy, GB

Keynote presentation: Beyond Art & Science: Leadership as 09:00 - 09:45

Practice

Speaker: Phil Glasgow, GB

Plenary session 09:00 - 10:00 R2

Introduction & keynote (Live feed from room 1)

Chair: Bernie McGreevy, GB

Keynote presentation: Beyond Art & Science: Leadership as 09:00 - 09:45

Practice

Speaker: Phil Glasgow, GB

Session 10:00 - 10:30 R1

Informatics and Encompass: information, innovation and implementation

Chair: Peter Jackson, GB

Digital Physiotherapy stepping forward in N.I 10:00 - 10:00

Speaker: Euan McComiskie, GB

Platform presentation 10:00 - 10:35

10:00 - 10:35 R2

 ${\bf Platform/Rapid\ 5\ presentations}$

Older people's experience recovering from surgery to treat
10:00 - 10:10
neurogenic claudication. A qualitative study to inform
rehabilitation to improve post-operative walking

Speaker: Suzanne McIlroy, GB

A prospective longitudinal study to identify the modifiable 10:10 - 10:20 determinants of walking in adults after surgery for neurogenic claudication

Speaker: Suzanne McIlroy, GB

homelessness and addiction challenges

Evaluation of low-threshold exercise and protein supplementation 10:20 - 10:35 **(LEAP II intervention) to target frailty in people experiencing**

Speaker: Fiona Kennedy, IE

Break 10:30 - 11:00 R1

Break & poster viewing

Break 10:30 - 11:00 R2

Break & poster viewing

Platform presentation 11:00 - 12:15	on	R1	
Platform/Rapid 5 j	Platform/Rapid 5 presentations		
	Effects of Joint Approach: a strength focussed, multidisciplinary online prehabilitation program, on pain and function in long-waiter knee arthroplasty patients Speaker: Mike Brownlow, GB	11:00 - 11:15	
	Evaluating the validity, reliability and acceptability of a postural assessment tool for older people living with frailty in care homes Speaker: Karen Hull, GB	11:15 - 11:20	
	Systematic review and meta-analysis of efficacy of manual therapy in improving self-reported functional outcome of chronic ankle instability patients Speaker: Jodie Breach, GB	11:20 - 11:25	
	Patient perceptions of empathy in clinical encounters with First Contact Physiotherapy Practitioners in Northern Ireland Speaker: James Smale, GB	11:25 - 11:30	
	Learning and support resources accessed by first contact physiotherapy practitioners based in primary care in Northern Ireland Speaker: Katrina Magill, IE	11:30 - 11:35	
	Support and resources to be more research active: How CAHPR NI hub can help Speaker: Katherine O'Neil, GB	11:35 - 11:35	
Platform presentation 11:00 - 12:15		R2	
Platform/Rapid 5 p	Physiotherapeutic interventions in child and adolescent mental health services: the evidence for who, what and why Speaker: Erin Byrd, GB	11:00 - 11:10	
	Exploring the confidence and attitudes of physiotherapy students to work with people experiencing mental ill health Speaker: Erin Byrd, GB	11:10 - 11:20	
	Development of a physiotherapy in eating disorders guidance document Speaker: Kate Brown, GB	11:20 - 11:25	
	Associations between physical activity and adolescent idiopathic scoliosis: a systematic review and meta-analysis Speaker: Karen Barker, GB	11:25 - 11:30	
	Exploring attitudes of people with chronic health conditions towards the use of telerehabilitation: A qualitative study Speaker: Caoimhe Barry Walsh, IE	11:30 - 11:45	
	Keynote: Esther-Mary D'Arcy Speaker: Ester-Mary D'Arcy, GB	11:45 - 11:45	
<i>Break</i> 12:15 - 13:00 Lunch & poster vi o	ewing	R1	

Break

R2 12:15 - 13:00

Lunch & poster viewing

Plenary session

13:00 - 13:30 R1

Keynote speaker (NI): Communication matters: Delivering effective, person-centred care in musculoskeletal practice

Chair: Lisa Roberts, GB

Plenary session

13:00 - 13:30 R2

Keynote speaker (NI): Communication matters: Delivering effective, person-centred care in musculoskeletal practice

Chair: Lisa Roberts, GB

Session

13:30 - 14:30 R1

Beyond the clinical pillar: Moving from enhanced to advanced musculoskeletal practice

Chair: Helen Welch, GB

13:30 - 14:45 Beyond the clinical pillar: Moving from enhanced to advanced musculoskeletal practice

Speaker: Suzanne Martin, GB Speaker: Claire Small, GB

Session

13:30 - 14:30 R2

Pathways to personalised care - a focus on prehab/rehab in oncology

Chair: Bernie McGreevy, GB

Pathways to personalised care - a focus on prehab/rehab in 13:30 - 13:30 oncology.

Speaker: Gillian Prue, GB Speaker: Jane Rankin, GB Speaker: Ruth ten Hove, GB

Plenary session

14:30 - 14:45 R1

Support and resources to be more research active: How CAHPR NI hub can help

Chair: Katherine O'Neil, GB

Plenary session

14:30 - 14:45 R2

Support and resources to be more research active: How CAHPR NI hub can help

Chair: Katherine O'Neil, GB

Break 14:45 - 15:00 R1

Break & poster viewing

Break

14:45 - 15:00 R2

Break & poster viewing

Panel discussion

15:00 - 16:15 R1

A post-Covid service from inception to actualisation

Chair: Ann McQueen, GB

A post-Covid service from inception to actualisation

15:00 - 15:00

Speaker: Zoe Houston, GB Speaker: Natasha Ferguson, GB Speaker: Tini Cherian, GB Speaker: Lorraine henry, GB Speaker: Jennifer Haith, GB

Panel discussion

15:05 - 16:20 R2

Innovations in pelvic health physiotherapy (POGP)

Chair: Grainne Donnelly, GB

Innovations in pelvic health physiotherapy in Northern Ireland 15:05 - 16:20

Speaker: Thamra Ayton, GB Speaker: Caroline Hunter, GB Speaker: Roisin Rooney, GB Speaker: Doreen McClurg, GB

Plenary session

16:15 - 16:45

Closing session

Plenary session

Chair: Karen Middleton CBE, GB

16:15 - 16:45

Closing session (Live feed from room 1) Chair: Karen Middleton CBE, GB

R2

Friday, 10. November 2023

Plenary session 09:00 - 09:55		R1	
Welcome to CSP A	Welcome to CSP Annual Conference 2023: Scotland		
Chair: Donna Wynne			
	Welcome	09:00 - 09:10	
	Speaker: Donna Wynne, GB		
	Physiotherapists - A patient's view Speaker: Cor Hutton, GB	09:10 - 09:55	
Plenary session 09:00 - 09:55		R2	
Welcome to CSP A	nnual Conference 2023: Scotland (Live feed from room 1)		
Chair: Donna Wynne	e, GB		
	Welcome to CSP Annual Conference 2023: Scotland	09:00 - 09:10	
	Speaker: Donna Wynne, GB		
	Physiotherapists - A patient's view	09:10 - 09:55	
	Speaker: Cor Hutton, GB		
Platform presentation	on	D4	
10:00 - 10:40 Platform/Rapid 5 p	procentations	R1	
Chair: Ruth Currie,			
,	Management and outcomes of patients with degenerative meniscal tears in an ESP physiotherapist-led orthopaedic clinic: an observational cohort	10:00 - 10:15	
	Speaker: David Hamilton, GB		
	Does a group education consultation combined with a 6-week exercise/education programme improve quality of life in patients with knee OA?	10:15 - 10:20	
	Speaker: Olivia Lewis, GB		
	Exploring multimodal sports related concussion (SRC) assessment, performed by a single clinician compared to the reference standard (SCAT5)	10:20 - 10:25	
	Speaker: Dylan Powell, GB		
	An overview of systematic reviews of exercise-based interventions for people living with long-term conditions	10:25 - 10:30	
	Speaker: Lucy Gardiner, GB		
	Q&A	10:30 - 10:40	
Platform presentation 10:00 - 10:40		R2	
Platform/Rapid 5 presentations			
Chair: Julie Jones, G	Music-based games to support upper limb rehabilitation after stroke: a mixed method systematic review and meta-analysis Speaker: Chukwudi Ogbueche, GB	10:00 - 10:15	
	Realistic rehabilitation: Lanarkshire rehabilitation framework Speaker: Abi Campbell, GB	10:15 - 10:20	

Lunch & poster viewing

Rehabilitation works! Evaluating outcomes in older people 10:20 - 10:25 attending a rehabilitation centre Speaker: Janet Thomas, GB To assess the impact of corticosteroid injection for post stroke 10:25 - 10:30 shoulder pain within a neuro-physiotherapy clinic Speaker: Debbie Strang, GB Q&A 10:30 - 10:40 Break 10:40 - 11:00 R1 Break & poster viewing Break R2 10:40 - 11:00 Break & poster viewing Session 11:00 - 12:15 R1 Frontline Physiotherapy: Implementing a true multidisciplinary approach in unscheduled care Chair: Helen Little, GB Chair: Gemma Taylor, GB Frontline Physiotherapy: Implementing a true multidisciplinary 11:00 - 12:15 approach in unscheduled care Speaker: Alan Krawcsyk, GB Speaker: Douglas Lachlan, GB Speaker: Nicola McGlynn, GB Session 11:00 - 12:30 R2 Research in physiotherapy practice: making it possible Chair: Jenna Rhodes, GB Chair: Kay Cooper, GB Research in physiotherapy practice: Making it possible 11:00 - 12:30 Speaker: Chris Seenan, GB Speaker: Rebecca Rowson, GB Speaker: Claire Lincoln, GB Speaker: Lisa Morrison, GB Platform presentation 12:15 - 12:30 R1 The ARMA Musculoskeletal Health Inequalities Inquiry: Emerging Findings Chair: Helen Little, GB The ARMA Musculoskeletal Health Inequalities Inquiry: Emerging 12:15 - 12:30 Speaker: Sue Brown, GB Break 12:30 - 13:15 R1 Lunch & poster viewing Break 12:30 - 13:15 R2 Session

13:15 - 14:35 R1 Can we mitigate health inequalities? Implications for health care practice, education, research and policy Chair: Janet Thomas, GB Chair: Chris Seenan, GB Can we mitigate health inequalities? Implications for health care 13:15 - 14:35 practice, education, research and policy Speaker: Cass Macgregor, GB Speaker: David Blane, GB Speaker: Rebecca Hunter, GB Speaker: Clementine Hill O'Connor, GB Platform presentation 13:15 - 14:35 R2 Platform/Rapid 5 presentations Chair: Lesley Holdsworth, GB Web-based physiotherapy for people with axial spondyloarthritis 13:15 - 13:30 who do not currently exercise - quantitative and qualitative data from a cohort study Speaker: Elaine Coulter, GB A model for co-creating accessible rehabilitation technology 13:30 - 13:45 Speaker: Andy Kerr, GB Exploring the effects of technology enriched rehabilitation and 13:45 - 13:50 evaluating Stroke Impact Scale (SIS-16), focusing on perception of recovery: a Pilot study Speaker: Milena Slachetka, GB Q&A 13:50 - 14:00 A scoping review to map evidence regarding key domains and 14:00 - 14:05 questions in the management of non-traumatic wrist disorders Speaker: Thomas Gareth Carlyle Mitchell, GB Evaluate whether PICUPS would improve identification of patients 14:05 - 14:10 requiring further detailed assessment by members of the MDT Speaker: Rebecca Bonomi, GB 14:10 - 14:15 Exploring the use of lung ultrasound in the cardiac surgery population: a scoping review Speaker: Casey Farrell, GB BUMPER study: BUrnout, Moral injury and PERfectionism in UK 14:15 - 14:20 physiotherapists Speaker: Daniel P. Biggs, GB The perceived advantages of and barriers to implementing the HEE 14:20 - 14:25 Roadmap to Practice in a Rural Setting in Scotland? Speaker: Gillian Love, GB Q&A 14:25 - 14:35 Break 14:35 - 14:55 R₁ Break & poster viewing Break R2 14:35 - 14:55 Break & poster viewing

Panel discussion

14:55 - 16:10 R1

Physiotherapy in Scotland - Fit for the future? Do we think so? A debate

Chair: Donna Wynne, GB

Physiotherapy in Scotland - Fit for the future? Do we think so? 14:55 - 16:10

Speaker: Heather Cameron, GB Speaker: Jo McBain, GB Speaker: Sara Conroy, GB Speaker: Kim Brodie, GB

Speaker: Laura Kay-Blackburn, GB

Panel discussion

14:55 - 16:10 R2

The time for digital physiotherapy is now

Chair: Alex Spearritt, GB Chair: Marc Beswick, GB

The time for digital physiotherapy is now 14:55 - 16:10

Speaker: Laura Rowlinson, GB Speaker: Lynne Turnbull, GB Speaker: Sarah Brown, GB Speaker: Lesley Holdsworth, GB Speaker: Gillian Ferguson, GB Speaker: Damien McCoy, GB Speaker: Ben Wanless, GB

Plenary session 16:10 - 16:30

16:10 - 16:30 R1

Closing session & Best Poster award

Chair: Karen Middleton CBE, GB

Plenary session

16:10 - 16:30 R2

Closing session & Best Poster award (Live feed from room 1)

Chair: Karen Middleton CBE, GB